



Ready, Set, Go... Transitional Planning Conferences

What Is Ready, Set, Go (RSG) / Transitional Planning Conferences (TPC)?

- Support offered to youth to understand and plan for transition and long-term well-being with the emphasis on preparing them for success throughout their teens and up to 23 years of age
- Driven by policy directive, CW 003-23 - Preparing Youth for Successful Transition from the Care of Children's Aid Societies (Province of Ontario, April 1, 2023, section 42 of the *Child Youth Family Services Act* (CYFSA).
- The importance of the youth's input on the direction, access and level of support is one of the key drivers of the program
- Six core dimensions are built upon: **health, education, identity, family and social relationships, emotional and behavioural development and self-care skills**. Each of these are considered from the youth's perspective **with appropriate guidance in the context of age, culture, maturity and experience** in order to support their eventual transition out of care and long term success

Who is Eligible?

- Youth 13–23 in interim society care for a period of 12 consecutive months with anticipated extended society care
- 16 or 17 years old and in a Voluntary Youth Services Agreement (VYSA)
- In a customary care agreement supervised by a society, and in consultation with each of the youth's bands and FNIM communities
- Youth between 18-23, must meet additional criteria according to [section 124](#) of CYFSA and associated regulations

Services Offered: (all ADR TPC services are free of charge)

- Youth must be offered the RSG program at set intervals (see structure)
- Youth participation in RSG/TPC is completely voluntary at all times

Structure: (ADR-Link is available to work with the youth and CAS worker at each of these stages and any time between)

- At the youth's **13th birthday**, the society is required to examine the Action and Assessment Record (AAR), and the Plan of Care process, with a transition lens applied
- Following the youth's **15th birthday**, and no later than three months before their 16th birthday, the society must offer the youth an opportunity to participate in a conference or other forum to support formal transition planning.
- Prior to the youth's **18th birthday**, and **23rd birthday** the society must document the completion of the checklist provided. (see [MCCSS](#))

Our ADR practitioners are excited to contribute to the success of youth in care along with CAS workers

Refer youth to ADR-Link:

- Youth must be offered access to a conference – preferably ADR at prior to 15, 17 and prior to 23 years of age (they may engage at 13 if they wish to have help with the AAR and Plan of Care Process)
- Youth will benefit by working with an ADR practitioner specifically trained to assist them as they question, explore and plan for their futures during and after their involvement with CAS
- ADR will ideally match youth with practitioners who will remain their consistent support at any stage of engagement with RSG

To refer to ADR-Link we need (all available on the resources page at [ADR-Link](#)):

- Completed referral form
- Signed consent form from the youth and any other parties they wish to include
- OCL notification for those under 18 years
- Email to ADR-Link@lfcc.on.ca or fax to 519.679.4234

Where to find more information about RSG/TPC:

The policy directive CW 003-23 and general program information are available on the Government of Ontario [website](#).

	Traditional FGC	Youth Led Conferences	RSG/TPC
Purpose of Conference	Decision Making, Permanency Planning, Safety Planning	Transitions, Goal Setting, Safety	Planning for Transition from Care
Guest List	Family, Collective Decision	Youth decides	Youth decides
Authorship of Plan	Family network is author of Plan	Youth and their network of support author the Plan	Youth and their network of support author the Plan
Who Coordinates	External Process and Coordinator	External Process and Coordinator	External Process and Coordinator
When to Refer	Must be considered at any point in time there is a dispute to be resolved	At any point of change, decision, or major life event Often at 17 -19 yrs of age and 20-21 yrs of age	3 main time frames 1) within 9 months following youth's 15th birthday 2) prior to the youth's 18th birthday 3) prior to the youth's 23rd birthday
Private Time	Yes Professionals and service providers do not participate	Flexible based on youths' wishes. Service providers (foster parents, counsellor, etc) may participate	Flexible based on youths' wishes. Service providers (foster parents, counsellor, etc) may participate
CAS Concerns to be addressed	CAS Concerns to be Addressed, Guidelines for Planning	Flexible Goals /Hopes Youth decides	Youth decides on what goals to plan about related to transition from care, including planning for the following areas (as identified in the Directive): health, education, identity, family and social relationships, well-being, self-care skills.
Conference Preparation	Critical and includes all participants with focus on primary caregivers/parents	Critical and includes all participants with focus on youth	Critical and includes all participants, with focus on youth
Approval of Plan	CAS approves family's plan based on whether CAS concerns have been addressed.	CAS, and all participants are asked how they can support the plan and what they see as the next steps	CAS, and all participants are asked how they can support the plan and what they see as the next steps
Follow up Conferences	May be offered to the family network as a touch base to see how the plan is working	May be offered to youth as a touch base to see how plan in working	Yes, additional conferences are offered at the milestones identified above. Follow up conferences may also be offered if appropriate for the plan and/or at any other point of change, decision, or major life event.

Questions regarding any ADR services should be directed to ADR-Link@lfc.on.ca