



Multidisciplinary Clinical Supports Program (M-CSP)

What is the Multidisciplinary Clinical Supports Program?

Our Multidisciplinary Clinical Supports Program provides comprehensive mental health services to vulnerable youth in our community. We are a mobile multidisciplinary team of skilled professionals that include Master's level clinicians, a registered nurse, a licensed pediatric psychiatrist, and a registered psychologist. The M-CSP team work hand-in-hand with front-line staff to support youth residing in a variety of residential facilities, youth justice facilities, and youth involved with Youth Probation Services.

The Strength of the M-CSP model is equitable access for high-risk youth regardless of their placement because service follows the young person as he or she moves through the system. The dynamic continuity of service that results from this collaborative model represents a "best practice" approach. The youth is seen as the client of the system (as opposed to the agency), which affords the flexibility required to be responsive to the youth's needs. Services include:

- intensive counseling and support for youth and their families;
- psychiatric assessment and consultation;
- psychological assessment;
- cognitive assessment;
- clinical consultation;
- brief clinical intervention;
- clinical supervision;
- nursing services related to the health and well-being of youth;
- medication training &;
- substance abuse consultation.

Funding for this program is provided by the Ministry of Children and Youth Services and the Ministry of Community and Social Services at no cost to our clients.

How Do I Access Services?

Probation officers, staff at various group homes &/or justice settings, clinicians in other LFCC services, family members, and the youth can refer or ask for counselling/support or a consultation.

What is the Process?

Once a referral is made our therapeutic approach to working with youth is a strength-based, youth centred, collaborative model designed to provide mental health support and continuity of care for the youth and their families. We strive to follow best or promising-practices across all disciplines and in all service areas.

